

INSTRUCTIONS FOR YOUR EGD

(esophagogastroduodenoscopy)

PATIENT NAME: _____

DATE OF TEST: _____

- **MEDICATIONS:** STOP all blood thinning agents 7 days prior to your test, *according to the doctor's instructions*. This includes aspirin, vitamin E, Coumadin, and Ibuprofen (Aleve, Advil, Motrin). For minor pain relief, Tylenol is okay during this period.

On the morning of your test, take only those medications instructed by the doctor. If no instructions were given, do not take any medications until your test is over.

- **DRIVING:** You will not be permitted to drive after your EGD due to the use of anesthesia. Please arrange for someone to drive you. *If you come to the office without a driver, your appointment will be rescheduled.* If your driver leaves during your test, we ask that they return within 30 minutes. You may NOT meet them in the parking lot. They must pick you up in our office.

- **PERSONAL ITEMS:** Do not bring with you any unnecessary personal items such as purses, wallets, jewelry (including earrings), etc. Do not wear contact lenses, body piercings, make-up, nail polish, perfume/cologne, or hairspray.

- **APPOINTMENT TIME:** Our office will call you the day before your test to notify you of the time you need to arrive. It is very important for you to arrive on time! Please notify us if we need to reach you at a phone number other than your home. If you do not show up for a scheduled procedure and have not given adequate notice, you will be charged \$100 for the missed appointment.

- **DIET:** You are to have nothing to eat or drink after midnight the night before your test. The day of your test you will have nothing to eat or drink until your test is completed, unless instructed.

- Disclaimer pamphlet received _____

****** It is important to read over and completely understand these instructions. If your test is on a Monday, please ask any questions before 12 noon the Friday before your test. Our office closes at this time for the weekend and no one will be available after this time to answer your questions.***

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