

Bowel Prep Instructions

Please follow these instructions closely. The prep will be done on the day before your procedure and the morning of your procedure. Remember to follow a clear liquid diet the entire day before your procedure.

OsmoPrep (Pills):

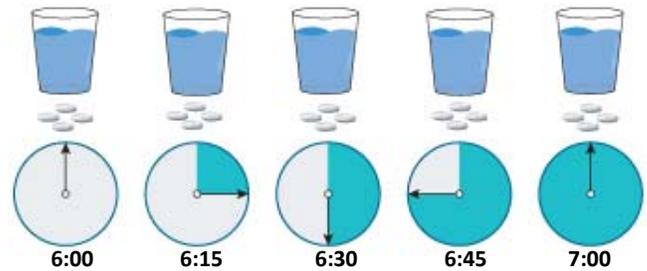
THE DAY BEFORE YOUR COLONOSCOPY

Beginning at 6:00pm:

Step 1 (refer to illustration)

Take 4 tablets with 8 oz of any clear liquid every 15 minutes

You will take a total of 20 tablets over a 1-hour period



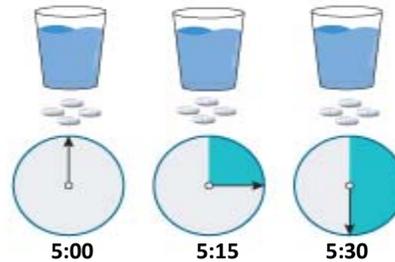
THE DAY OF YOUR COLONOSCOPY

Beginning at 5:00am:

Step 2 (refer to illustration)

Take 4 tablets with 8 oz of WATER ONLY every 15 minutes

You will take a total of 12 tablets over a 30-minute period



STOP
All liquids
after the
5:30 dose!

***Please Note: If nausea or vomiting occurs during the prep, stop the prep for one hour and then restart. If symptoms continue, drink 2 bottles of Citrate of Magnesia in place of the prep. This can be purchased over-the-counter at any pharmacy.*

****It is important to drink all of the clear liquids in order for your prep to work properly!****