

Bowel Prep Instructions

Please follow these instructions closely. The prep will be done on the day before your procedure. Remember to follow a clear liquid diet the entire day before your procedure as well.

TriLyte (gallon jug):

In the morning, mix the gallon jug with warm water to the fill line on the container. Shake until the powder is dissolved and then refrigerate until slightly chilled.

At 4:00pm, start drinking the solution, 8oz every 10-15 minutes, until it is completely gone.

***Please Note: If nausea or vomiting occurs during the prep, stop the prep for one hour and then restart. If symptoms continue, drink 2 bottles of Citrate of Magnesia in place of the prep. This can be purchased over-the-counter at any pharmacy.*

****It is important to drink plenty of clear liquids**
in order for your prep to work properly!**