

<b>INSTRUCTIONS FOR YOUR EGD (Esophagogastroduodenoscopy)</b>	<b>Hillside Endoscopy Center, LLC</b>
<b>Patient Name:</b>	250 Fame Ave, Suite 240 Hanover, PA 17331
<b>Procedure date:</b>	<b>ENTRANCE F</b> 717-633-9086

**10-14 DAYS PRIOR:** Read instructions carefully, if you have any questions please call the office. If there have been any changes to your health, insurance, or medications, please notify the office so we can update your information before your test.

**7 DAYS PRIOR:** **STOP any medications listed 7 days prior to your test, or according to the doctor's instructions.** These medications include: Aspirin, Celebrex, Diclofenac, Excedrin, vitamin E, Ibuprofen (Aleve, Advil, Motrin, Naproxen), Medical Marijuana, Meloxicam/Mobic, Nabumetone. Also stop any of the following supplements: Garcinia Cambogia, Garlic tablets, Ginger, Ginkgo Biloba, Ginseng, Iron, Feverfew. For minor pain relief, Tylenol is okay during this period. \*Any other blood thinners not listed will be stopped as directed.

**MEDICATIONS:** On the morning of your test, take only those medications instructed by the doctor with a small sip of water prior to coming in for your procedure. **DO NOT SKIP** any medications you have been instructed to take. However, if no instructions were given, do not take any medications until your test is over. You will be instructed when to resume your medications.

**DRIVING:** You will not be permitted to drive the morning of and 24 hours after your procedure due to receiving of anesthesia. Please arrange for someone to drive you. Your driver **MUST** remain at the designated area during your test. Your driver **May Not** leave the property while you are here (see modified instructions). **If you come to the office without a driver or your driver leaves the facility, your appointment will be canceled and a fee will be assessed.** \_\_\_\_\_ Initials.

**PERSONAL ITEMS:** Do not bring with you any unnecessary personal items such as purses or wallets. Do Not wear jewelry other than wedding rings, religious/cultural items. Remove any body piercings. Do Not wear contact lenses, makeup, dark nail polish, perfume/cologne/lotions, hairspray, or strong scents. You may shower, wear deodorant, and brush your teeth before you arrive. Do not swallow any water when brushing your teeth.

**Please bring or wear your glasses to read small print, Hearing Aids and socks!**

**APPOINTMENT TIME:** Our office will call you the working day prior to your test to notify you of the time you need to arrive and give you any final instructions you may need. Arrival times are typically between 6:30am and 11:30 am but are subject to change. If you have not received a phone call from our office by 11:00 am, **first check your messages** then give our office a call at the number provided above. **It is very important for you to arrive on time at your designated time! Please do not arrive more than 10 minutes prior to your appointment. If you are late, you may be delayed or rescheduled. Please remain in your vehicle at Entrance F, call the office to notify us that you have arrived. DO NOT show up at the door.**

**NO SHOW/CANCELLATION POLICY:** If you do not show up for a scheduled procedure, have not given adequate notice that you will not be coming, or fail to follow instructions causing cancellation of your procedure, you will be charged **\$250** for the missed appointment. **Cancellations for non-medical reasons must be made 7 days in advance of the scheduled procedure date.** The cancellation fee is not covered by insurance and will be your responsibility. Dr. Thomas will make the decision if the procedure is rescheduled or not. If you have a last minute medical/personal emergency, you must call the office to discuss the issue with office staff and Dr. Thomas. You are given 3 opportunities to reschedule your appointment before you are no longer allowed to schedule a procedure in our Endoscopy Center. \_\_\_\_\_ Initials

**DIET:** You are to have nothing to eat or drink after midnight the night before your test including water, candy, gum, mints, or lozenges, unless instructed to take a small sip of water with morning medications ONLY. You will be offered a drink after your test and may resume eating as soon as you leave the facility.

**\*\*\* It is important to read over and completely understand these instructions. If your test is on a Monday, please ask any questions before 11:30 am on Friday before your test. Our office closes at this time for the weekend and no one will be in the office after this time to answer your questions. If you have an urgent need to reach us after hours, please contact our office at (717) 633-9086 and you will be given further instructions. If you have a medical emergency, call 911!**

**Please check your messages before calling for your procedure time. Thank you.**

I understand the above instructions:

\_\_\_\_\_  
Patient Signature

\_\_\_\_\_  
Date

This paperwork is only valid for 6 months from the date it is signed. Procedures must be completed during the 6 month time period.